

# Birla Open Minds Preschool Newsletter

**OCTOBER**

Dear Parent,

Warm Greetings!

“How can we expect our children to know and experience the joy of giving unless we teach them that the greater pleasure in life lies in the art of giving rather than receiving?” – James Cash Penney.

Welcome you all to our October Newsletter Edition of the Academic Session 2022-23. The students of Birla Open Minds Pre School, Chandanagar experienced wonderful learning experiences through the activities that were conducted during the month of October.

## **The real joy!!**

After Dussera vacation, children were so excited and happy to be back to school and connect with their friends again, after spending days of sharing love and joy with their families. Love and respect for the grandparents and the enthusiastic participation of the grandparents was very evident and heartening to see during the Grandparents' day celebrations as part of the Diwali Mela . The various games and other interactive activities were well attended by our grandparents and we whole heartedly thank and greet each and every grandparent from our side .

Regards

**Editor**

**Birla Open Minds Preschool.**

# Birla Open Minds Preschool Newsletter

## Pre –Nursery

Play pets

Simply sound

Recap

Themes in the month of  
October

## K1& K 2

Only Ocean

Flickering Fire

Recap

## Nursery

Fussy Fish

Singing Sounds

Recap

Themes in the month of  
October

## Gr 1 & G2

Our Universe

## Parent Engagement

By **Susan Keshri**

You can be a  
good parent  
with a kind heart  
and still say no.

SOMETIMES THE WORD  
"no"  
CAN BE A GOOD THING



It's OK to say "NO". As saying "no" is important for a child's development and for establishing his identity as an individual. Saying "no" is a form of setting boundaries and limits.

It helps the child to develop emotionally like having a healthy positive attitude, patience, values and clear codes of behaviour and conduct. It is important for parents to communicate and nurture limits that coincide with their own values, experiences and knowledge. More importantly, as the child grows, more they hear "NO" from the society outside and child will be prepared emotionally to handle those "NO"s.

### Few circumstances when parent need to say "NO"

- When the child's action might hurt him/herself and others or might break things. Saying "no" is often necessary in some instances to protect children from harm.
- Not always everything goes as per the intended plan. So when the child insists on sticking to the plan, you can say "no". It helps the child to learn patience.
- The children understand our values based on the choices we make. If the child wants to do something which is against values, then say "no".
- Occasionally when the need of someone or something matters more, you can say "no" and the children learn how to be generous and be empathic.
- When a child can do things on their own, but insists others to do it, you can say "no" and make the child own the responsibility. You can guide the child if required.
- Whenever your child asks for something, check whether it is a want or need. If it is a want, occasionally it can be fun but not always. So you can say "no". The child learns to practice handling disappointments.

Just remember, it's OK for your child to experience uncomfortable emotions, like sadness and disappointment, for "you are giving your child an opportunity to practice to deal with their emotions and face the real world more confidently".

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# Birla Open Minds Preschool Newsletter



by *Ms. Sai Sree*

## TIME MANAGEMENT FOR CHILDREN

Time management is the skill of planning the tasks according to the time. Parents can help the child to create awareness to child about the time management. It increases their confidence levels and helps them reach their goals or complete their tasks faster with self-discipline. But learning how to manage time management should be fun for children.

Few tips to inculcate time management in children.

- Make child's routine activities into a checklist with time.
- Establish clear wakeup, bedtime and meal time to start with.
- Use crayons to colour their own calendars.
- Add stickers to mark special days.
- Make it a game to see can complete the tasks.
- Make to do lists.
- Set the reminders.
- Guide the child to break the tasks into manageable parts.
- Make them use timers.
- Give them an appreciation trophy for encouragement.

They will end up doing things or complete their work in a smarter way and improve their time management skills.

**"Finally they will land up in a quality of work and learning."**

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## DIWALI CELEBRATION

"Festival of light"



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## Grandparents' day celebration "Grandparents love will never get old"





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**Diwali Mela**

"Fun with family"



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**LET'S EXPLORE!!**

“Learning one new thing everyday”







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Preschool Newsletter**

**LET'S EXPLORE!!**

“Learning one new thing everyday”







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**Preschool Newsletter**  
**LET'S EXPLORE!!**  
"Learning one new thing everyday"





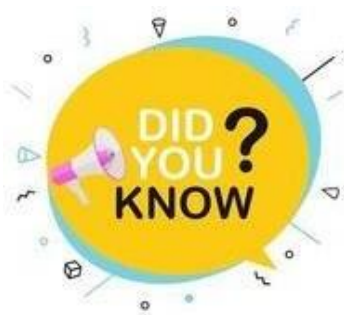


## Birla Open Minds Preschool Newsletter

### Do You Know ?



"Firefighters are trained to get dressed in Less than Two Minutes! This includes all of their gear, which can weigh from 80-120 Pounds."





# Musical Instruments



The **violin** is a stringed instrument played with a bow. The violin consists of a few main parts. It is tuned by means of the key and different sounds and tones can be obtained by pressing the hand on the curtains.



**Clarinet**, a member of the family of woodwind instruments, consists of a long tube with a mouthpiece on one end and a bell-shaped end.



**Saxophone** is one of the wind instruments. The structure has a monolingual mouthpiece of the clarinet, a metal body and a conical part of the oboe.



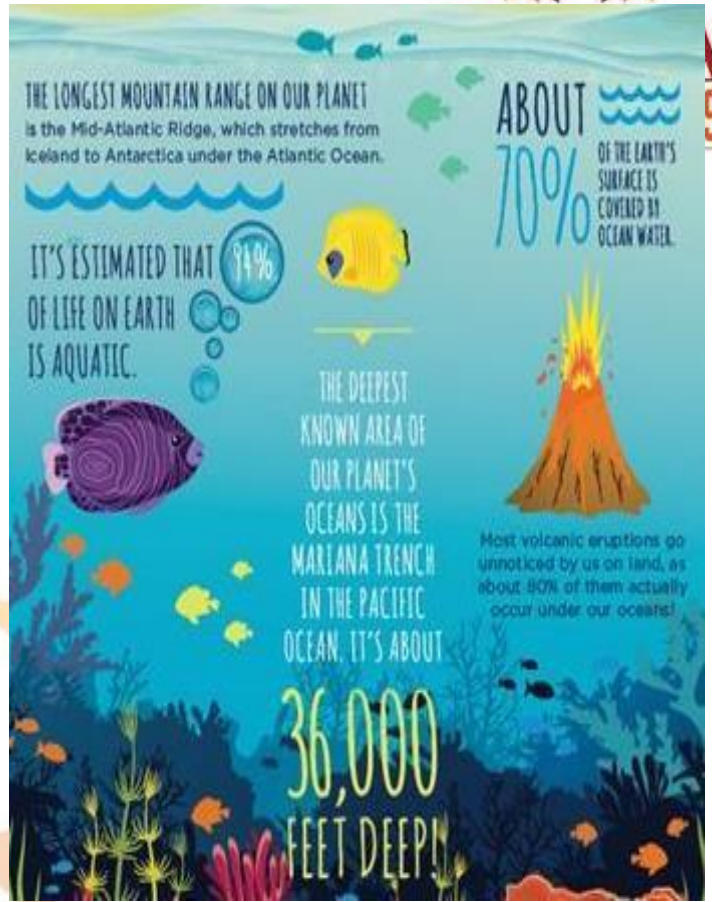
The **piano** is a key instrument. Keyboard instrument that sounds sound by striking the wires thanks to its complex hammer mechanism when the keys are pressed.



The **guitar** is an old instrument. The history of the guitar can be traced back to 4000 years.



**Accordion**; Originating from the musical instruments of African and Asian societies, the accordion was originally designed in Austria in the nineteenth century.



## Birla Open Minds Preschool Newsletter

Next Month



### Important Dates

#### Celebrations

Guru Nanak Jayanthi - 7<sup>th</sup> November, 2022, Monday

Children's day – 14<sup>th</sup> November, 2022, Monday.

#### Holidays



**Pre – Nursery**

**Bulky baskets**

**Simply Strings**

**Upcoming Themes**

**K1& K 2**

**Popular Paper**

**Jumping Jute**

**Comfy cotton**

**Busy birds**

**Nursery**

**Bumpy Boxes**

**Fancy Fabrics**

**Upcoming Themes**

**Gr 1 & 2**

**Our Universe**

**Theme End Assessment**

